

Missouri State Advisory Council on Pain and Symptom Management
February 8, 2007
1:00 – 3:00 p.m.
Department of Health and Senior Services

Attendees: Beth Anderson, Deanna Bates, Sandra Hewlett, Dan Kelley, Lori Ladd, Ray Tait, Tricia Schlechte, Senator Stouffer, Barb Wilbers.

TOPIC	DISCUSSION	ACTION
Introduction of new Council members	<p>The Council welcomed Beth Anderson and Sandra Hewlett, appointees from the Board of Nursing; Dan Kelley, representing the Physical Therapy Association; and Senator Stouffer. Perrin Jungbluth, DDS, the new appointee of the Dental Board was unable to join us today.</p> <p>The Board of Healing Arts requested suggestions regarding the physician assistant (PA) representative.</p>	<p>The Department has contacted the Governor's staff regarding the vacancies requiring Governor's appointment. Letters requesting representative from the MO House was sent in January.</p> <p>Send names of PA's to Tricia.</p>
Review of December minutes		<p>Ray Tait moved that the minutes from the December meeting be approved. Lori Ladd seconded the motion. Motion carried.</p>
Joint Policy Statement	<p>Dr. Lucio and Tricia met with the Board of Healing Arts (BHA) in January 2007. The Board appears supportive of the statement, will seek final comments from their Board prior to taking final action at their April Board meeting.</p> <p>Copies of the statement were sent to the Missouri State Medical Association and the Missouri Association of Osteopathic Physicians and Surgeons for comment.</p> <p>Next steps discussed included press release, articles with the statement put in Board newsletters, placement on the web pages of Boards and sharing of statement with other health professional boards for their endorsement.</p>	<p>The clarifying words "when available" were added to the statement regarding use of a multi-disciplinary approach per Council approval by email communication.</p> <p>The Associations are to send comments by March 15. Tricia will contact Tina Steinman, BHA Executive Director in March regarding comments received from members and placement of statement on agenda for the next BHA meeting.</p>

<p>Updates</p>	<p>Consumer Education Brochure The brochure has been distributed to over 30 organizations. A copy is posted on the web for download.</p> <p>Sandra was informed there were no copies available when she attempted to order.</p> <p>Discussed using funds available this fiscal year to reprint the Managing Pain Brochure vs. printing the professional educational brochure.</p> <p>Statutory changes Dr. Lucio will be serving on a Board of Healing Arts task force looking at the provisions that are ambiguous and resulted in MO receiving a “C+” grade in the policy report card in 2006.</p> <p>Ray has contacted the University of Wisconsin to determine if suggested language from other states was available. Ray has another conference call tomorrow. West Virginia has a bill in to remove the definition for intractable pain with a general pain definition.</p> <p>Prescription Monitoring Bill SB 85 introduced by Senator Champion. Initial hearing on 2/6/07 was cancelled. Senator Stouffer is on the committee hearing the bill and provided history on the development of the bill as it relates to methamphetamine control efforts passed in previous years. This bill is part of the Governor’s legislative package. As such, the Council can take an active stance in support. As the bill moves, we will look at letter of support, etc.</p> <p>Lori indicated the Alliance of State Pain</p>	<p>Instructions for ordering are at: http://www.dhss.mo.gov/warehouse/e-literature.html</p> <p>Tricia will check with warehouse to see why requestors are being told there are no brochures available.</p> <p>Re-print will be processed.</p> <p>Ray will email Tricia tomorrow with the outcomes from his conversation with University of Wisconsin staff.</p> <p>Tricia will share that with Dr. Lucio, Tina Steinman, Executive Director for the Board of Healing Arts, and the Council.</p> <p>To view bill and status of its progress through the session use http://www.house.mo.gov/jointse/arch/. Type in SB85 where indicated.</p> <p>Statement is attached and can also</p>
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	<p>Initiatives has a position statement on ‘balanced’ prescription monitoring legislation.</p> <p>Legislation not included in the Governor’s legislative package will not be addressed by the Council. For example, the advanced practice nurse authority to prescribe controlled substances. Council members may communicate on a personal and individual basis on any legislation, but not on behalf of Council, unless approved by DHSS.</p> <p>Changing the Face of Pain in Missouri Collaborative Professional Education Initiative</p> <p>The Collaborative would like to promote web and electronic CE sites and resources. Lori, John Carney and Tricia are seeking submissions regarding reputable sites (in addition to the readily known sites offered by professional associations) to share with collaborative members, post on webpage, and promote through professional newsletters.</p>	<p>be accessed at http://www.aspi.wisc.edu/documents/pdf/PMP.pdf</p> <p>Email sites to Tricia.</p>
BRFSS question selection for 2008 survey	Discussed potential questions for the BRFSS survey to be conducted in 2008. See attached document for suggested revisions and the questions that were eliminated.	Committee members to review proposed changes and provide input via email no later than March 20, 2007.
By-Laws	Tricia distributed a copy of the by-laws to the new committee members.	Tricia will review for changes.
Next Meeting	Tuesday, June 12, 2007 1-3 p.m.	Mark your calendars!

Approved: _____

Date: _____

Chair, Missouri State Advisory Council on Pain and Symptom Management

Potential Questions for BRFSS in 2008

Question used in 2002 and 2005

During the past 30 days, for about how many days did pain make it hard for you to do your usual activities, such as self-care, work, or recreation?

_____ number of days

DRAFT New questions

What types of healthcare professionals or other providers have you ever seen or talked to about your pain?

Medical doctor

Chiropractor

Physical therapist

Occupational therapist

Massage therapist

Psychiatrist or psychologist

Acupuncturist

Faith healer

Other

Don't know/Not sure

Refused

What did the healthcare professional say was the cause of the pain?

Accident/injury

Arthritis (include osteoarthritis, rheumatoid arthritis, tendonitis, bursitis)

Cancer

Diabetes

Migraine

Muscle pain

Neuropathic pain

Sciatica/Slipped disc/spondylosis

Shingles

Other (specify)

Healthcare professional didn't say/ didn't know

Don't know/Not sure

Refused

Questions eliminated from consideration

1. Do you suffer from any type of chronic pain, that is pain that occurs constantly or flares up frequently?

Yes No Don't know/not sure Refused

2. How long have you been experiencing this type of pain?

Less than 3 months 3 to 6 months 7 to 12 months
Over 1 year to 3 years Over 3 years to 5 years Over 5 to 10 years
Over 10 years Don't know/Not sure Refused

3. About how often do you experience this pain? Would you say:

It's constant, always there At least once a day
At least once a week Not every week but at least once a month
Less often
Don't know/Not sure Refused

4. Using a 0 to 10 scale where 0 means no pain at all and 10 means the worst pain imaginable, how severe would you say your pain has been on average over the past three months?

Pain Scale (0-10) Don't know/Not sure
Refused

7. How satisfied are you with how your doctor is helping you manage your pain?

Very satisfied Satisfied Dissatisfied Very
dissatisfied
Don't know/Not sure Refused

8. What kind of medication are you currently taking to treat your pain? Are you taking:

Prescription medication only Over the counter
medication only
Both prescription and over the counter medication Not treating your pain with
medication
Don't know/Not sure Refused

**9. What types of prescription medication are you taking for your pain?
Are you taking:**

Anti-inflammatory drugs such as ibuprofen or naproxen

Analgesic such as Paracetamol

Celebrx, Vioxx, or Bextra

Narcotic pain reliever such as Oxycontin, Percocet, or Vicodin

Prescription topical patch
Prescription topical cream
Prescription aspirin or Tylenol
Other (Specify: _____)
Don't know/Not sure
Refused

